



WOF, Lubes & Tyres
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Newsletter Number 2 25 February 2022



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Thank you to

... Mrs Burgin, staff, and parents, who put in the hard graft prior to camp ... and on top of usual workloads. This amazing camp was in no small part the product of your efforts in the weeks prior. Thank you very much!!

People of the Week

... Our year 5 and 6 campers and their staff and parent support team.

... From a supporter of another team. *"Very impressed with the Matarau School twilight hockey team last night - amazing passing skills ! They should give other teams a run for their money this season! The game was played nicely with no signs of arrogance, awesome to watch and it was privilege for our kids to play them."*

Term calendar ... More to follow as dates come to hand!!

8 March	First meeting of BoT for 2022
9 March	Individual Duathlon Event
10 March	Team Duathlon Event
13 March	Trial Bike Ride
14 March	Mid-point cohort entry
22 March	Weetbix Challenge
29 March	Hearing and Vision Testing
14 April	Final day for term 1
2 May	First day of Term 2

Masks for visitors

A reminder please that masks are to be worn by all visitors to the school. Visits are for drop off and pick up and otherwise by prior appointment please.

Trouble settling?

Please contact Mrs Robertson (rrobertson@matarau.school.nz) or Mrs Marvin (jmarvin@matarau.school.nz) if your child is taking a while to settle, or if they just need a little support. We have an amazing pastoral team and they love to help out.

Year 7 Camp

... due to the anticipated omicron surge the year 7 camp has been postponed to early term 4. More to follow.

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*Play Learn and Grow
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Disability car park

Please keep the disability car park clear for those who need it.

Corona Virus ... Omicron etc.

Please err on the side of caution, and remember that we have a duty of care to keep each other safe. Consequently please ...

1. Do not send sick children to school
2. Especially do not send your child to school if they have a cold, cough, running nose, fever, or other flu like symptoms.
3. Have contingencies in place in the event that you are asked to pick your child up from school
4. Keep your child at home for at least 48 hours post final symptoms
5. Keep the school advised of any matters which have the potential to impact widely.
6. If you visit school, please sign in and out from the office (with the exception of a relatively quick drop off or pick up)
7. **Advise the school urgently if you or your child have covid or are close contact.**

If concerned, unsure, or have travelled overseas please contact Healthline at 0800 611 116 or your GP for medical advice.

If you would like information on the covid vaccine for children please email Paula on admin@matarau.school.nz (we have a number of hard copies we can send home on request).

Matarau School 2022 Duathlons

This is to advise of a change to our duathlon dates.

The Individual Duathlon is now scheduled for Wednesday 9 March starting 12pm
The Team Duathlon is now scheduled for Thursday 10 March starting 12pm
We are happy to store bikes in the school hall on the evening of 9 March, but request that these be picked up on the afternoon of 10 March if possible please. Children will need their helmets please and shoes.

Unfortunately, we cannot have you on-site but will do our best to advise of the outcomes and maybe have some photos for you.

Term 1 Interviews

Term 1 interviews exist as an opportunity to discuss how children have settled, agree on some common goals, and to allow for the exchange of information. This is a time to let your child's teacher know of any areas of concern, and to highlight areas you would like them to work on. As omicron could be entering peak time around the scheduled interview days we have, **reluctantly**, realized that we will need to manage term 1 interviews differently this year.

Next week teachers will work with students on possible areas for focus in 2022. **These will be recorded on an interview sheet, and will be sent home toward the end of next week, so you can ...**

... add your thoughts,

... and make any changes you would like to make.

You will also be asked to email your child's teacher if you would like a zoom or google meet interview on (or around) 7 or 8 March. **THESE MEETINGS ARE ENTIRELY OPTIONAL.** Meetings will be of 15 minutes duration, and your child's teacher will confirm your time, and will email your invite just prior to your interview. Please adhere strictly to times as interviews will be back to back.

Senior Study Hour (Years 7 & 8)

Senior Study Hour operates 3:00 to 4:00 on Mondays, Wednesdays and Thursdays. Children may attend anywhere from 1 to 3 of these weekly sessions. If you would like to register your child please do so by contacting Mrs Donaldson on kdonaldson@matarau.school.nz.

Learning Support Programme

A number of parents were advised last year that their children had been placed in Learning Support programmes to commence 2022. This is a valuable opportunity for a more personalized and intensive learning programme, in an area of need, and parental support with assigned homework tasks is expected.

Yummy stickers

We are starting collecting Yummy stickers again. Please collect the Yummy cut-out labels from bags (each cut-out label is worth 10 stickers) and individual Yummy apple stickers for our share of the \$200,000 free DG Sport sports gear prize pool. Yummy apples are available from New World, PAK'nSAVE and participating Four Square stores (and some Countdowns). The more you collect, the more sports gear we get. Please see Mrs Easterbrook in room 2 for more sticker/label sheets. All started or completed sheets can be returned to Mrs. Easterbrook.

Year 7/8 Immunisations - HPV & Boostrix

The public health nurses who run the school-based vaccinations for HPV and Boostrix, have been seconded to help with the Covid-19 response which could delay and potentially suspend the normal roll out of these vaccinations in school. They have encouraged parents/caregivers to take their children to get vaccinated by their GP when possible.

Term Headlice Inspection

... will not take place this term due to covid distancing and contact protocols. Please check your children's hair weekly, and respond promptly in the event of infestation. We will resume inspections when circumstances allow. Thank you.

Homework

Home Learning is **encouraged but optional** at Matarau School. For most children this will mean 4 nights home learning a week (around 20 minutes each night), with most of this time spent on word learning, maths basic facts and reading, with one activity related to their class programme. Parents should feel free to advise their child's teacher if the load needs to be lightened for any reason, or if they wish their child excused from home learning altogether. This saves tension and time wasted chasing home learning. **If you do NOT want your child to receive home learning, please advise their teacher NEXT week.** If you are on board, please set a regular time and place, and advise us if we can help with any "speed wobbles" along the way. Let's start as we mean to continue, by getting routines well established.

(Although the research is a little inconclusive, we believe that regular home learning routines lead to better performance, a better preparation for secondary school, and better longer term outcomes for a good number of children).

Creating optimal conditions for learning (just a reminder)

Research has that the following simple actions have a very positive impact on learning ...

- .. **drinking plenty of water.** Parents are asked to ensure children bring a water bottle to school each day. A reminder that water is preferable to sugar based drinks. We will encourage them to have their water bottle on their desks at all times during the day (a good idea when you consider the brain is 90% water).
- ... a **good nights sleep.** A target bedtime of 8:00 PM (or earlier) is suggested for all children.
- .. a **suitable breakfast and healthy lunch.** With food as close as possible to its natural form.
- .. don't forget to **show an interest** in what your child is doing at school. Share mealtimes with them if possible and don't let them overdo the homework - we all need time to play.

Teachers e-mail address

Some parents are asking for their teacher's classroom e-mail address. This is really easy to work out by using the teacher's first name initial followed by their surname and then add @matarau.school.nz (example Andrew Johnson ajohnson@matarau.school.nz or Jayde Jongkind jjongkind@matarau.school.nz)

Final Word

A brief word on the transition to phase 3. Some parents have asked what this means for us in a nutshell, and whether phase 3 directly applies to schools. The simple answer here is yes, but with some room for discretion. The biggest positive is that the rules around close contacts are much more relaxed, and we can manage some issues locally. **As you will know, positive cases and household members are asked to isolate. We are also requiring that symptomatic children are tested before returning to school.** To a great extent, it is up to people who register a positive test to advise those with whom they have had contact, rather than this being mediated through a health agency. Accordingly, we are asking parents to keep us informed please, so that we can update our infection register. We will study this for patterns and advise parents (without disclosing any private information) if certain parts of the school are disproportionately affected, which could influence parental (and school) decisions on whether children opt for home learning. The goal is to keep all rooms operating, but there is a chance that staff, many of whom have children here, may also be in isolation. Regular flus tend to take 3 to 4 months to move through the school, omicron may move faster, perhaps 3 or 4 weeks, hence our need to have contingencies in place. I guess we will see. We promise to keep you informed.

Nga mihi

Kevin Trehwella
PRINCIPAL

Community notices

NEXT CHAPTER PARENTING

Offering
The **PARENT SURVIVAL KIT**

PARENTING COURSE



- Do you find yourself yelling at your child more often than laughing with your child
- Do you feel you have lost touch with your child
- Do you feel frustrated and find yourself saying the same things over and over again with no result

TOPICS COVERED

COMMUNICATION	CHOICES/CONSEQUENCES	COMPLIANCE
EMPATHY	SIBLING RIVALRY	TEENAGERS AND BOUNDARIES
SETTING LIMITS	PAUSE	TIME IN
PERSONALITY TYPES	PRAISE VS ENCOURAGEMENT	QUALITY TIME

IDEAL FOR
GROUPS
INDIVIDUALS OR
A BUNCH OF
FRIENDS



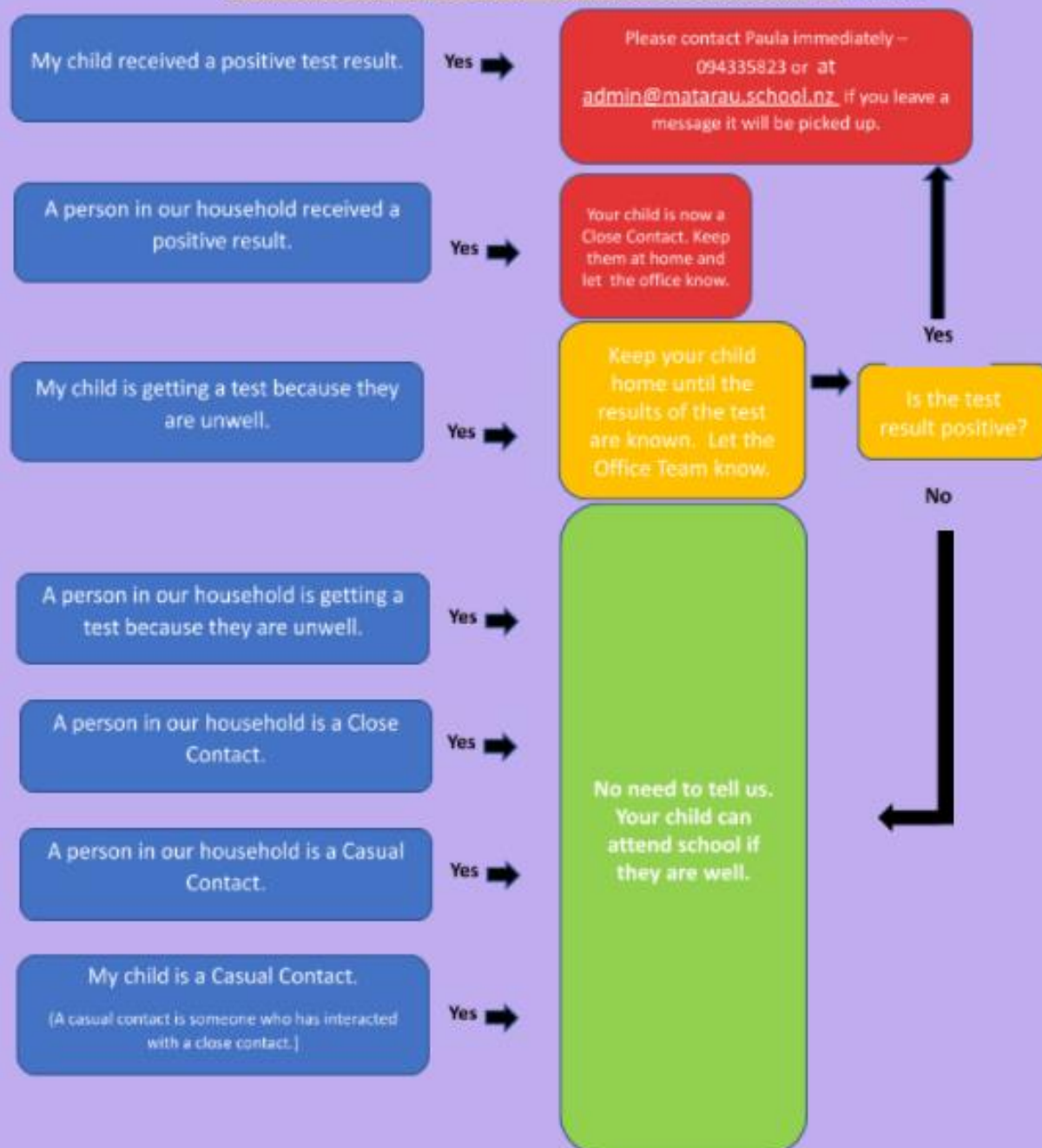
Via 

f: NEXT CHAPTER PARENTING
www.nextchapterparenting.co.nz
E: brigid@nextchapterparenting.co.nz
M: 0221087214

WINZ ASSISTANCE WHERE APPLICABLE

COVID-19: What do I need to do if . . . ?

This flowchart is designed to help you understand what is required. If you have questions, please contact the School Office – admin@matarau.school.nz 094335823



Office contact: admin@matarau.school.nz | 09 433 5823 |



13 March 2022



13th March 2022

For more information see website www.mataraufundraising.co.nz

Facebook page / event [Matarau School Trail Ride] or Silver Bullet

Pre registration / purchase of tickets available online with early bird discount.

Event limited to 600 riders (6 x 100 zones).

8:00am registration opens, 9:00am ride opens, 2:30pm last riders out.

Coffee caravan, bbq breakfast, lunch and cold drinks for sale
all day - cash only.

Pricing on the day - **CASH ONLY** (Early Bird discount available online only)

Main track \$35, Intermediate track \$25, Kids track \$5 donation into Rescue Helicopter bucket

Side x Sides welcome - see online for pricing structure.

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